

PRIMARY SCHOOL KOSHER LUNCH MENU

Oct 2024–25



21/10, 11/11, 02/12, 23/12, 13/01/2025, 03/02, 24/02, 17/03, 07/04, 28/04, 19/05, 09/06, 30/06, 21/07, 11/08, 01/09, 22/09, 13/10

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	Tomato & Mozzarella Pasta with roasted veg & garlic bread (V) (G) (E)	Vegetable Curry with wild rice & sweetcorn (V)	Macaroni with mature cheddar cheese, herby bread & mixed salad (V) (G) (M)	Freshly Made Sausage Roll served with creamy mashed potato & baked beans (V) (G) (Mu) Halal alternatives contains (V)(G)(SU)	Chickpea, Sweet Potato & Spinach Curry with wild rice & green beans (V) (S)
Main 2	Sticky BBQ Quorn Fillets with tortilla wrap & mixed salad (V) (G) (Mu)	Margherita Pizza with diced potatoes & crunchy coleslaw (V) (G) (M) (E)	Breaded Fish Fingers with creamy mashed potato & garden peas (F) (G) (F)	Tuna Melt Toasted Sandwich with sweet potato wedges & zesty coleslaw (F) (F) (G) (E) (M) (Su)	Crispy Sweetcorn Grill in a warm bun with shredded lettuce & hash brown (V) (G)

28/10, 18/11, 09/12, 30/12, 20/01/2025, 10/02, 03/03, 24/03, 14/04, 05/05, 26/05, 16/06, 07/07, 28/07, 18/08, 08/09, 29/09, 20/10

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	Houmous & Falafel Wrap with zesty coleslaw (V) (Su) (G)	Oriental Vegetable Chow Mein with fresh broccoli (V) (G) (E) (S)	Meatfree Steak Pie with new potatoes & shredded cabbage (V) (G)	Roast Quorn and gravy with Yorkshire pudding, roast potatoes & broccoli (V) (E) (G) (M)	Sweetcorn Grill Goujons with Piri Piri sauce, couscous & roasted vegetables (V) (G) (E)
Main 2	Roasted Tomato & Red Pepper Mozzarella Pasta with herby bread (V) (G) (M)	Marinara Meat Free Balls Baguette with diced potatoes & summer corn salad (V) (M) (G) (SU) Halal alternatives contains (V)(S)(G)(M)(SU)	MSC Bubble Crumb Salmon Fillet with spicy seasoned wedges & sweetcorn (F) (G) (F)	Margherita Pizza with diced potatoes & crunchy coleslaw (V) (G) (M) (E)	Quorn Burger served in a bun with hash brown & sliced tomato (V) (G)

04/11, 25/11, 16/12, 06/01/2025, 27/01, 17/02, 10/03, 31/03, 21/04, 12/05, 02/06, 23/06, 14/07, 04/08, 25/08, 15/09, 06/10

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	Golden Breaded Fish with chips & mushy peas (F) (G) (F) (E)	Vegetarian Mince Bolognese with pasta twists, garlic bread & green beans (V) (G) (C)	Katsu Quorn Curry with wild rice & garden peas (V) (E)	Meatless Chilli with homemade crispy nachos & fresh salsa (V) (G) (E)	Vegetarian Sausages in onion gravy with mashed potatoes & broccoli (V) (G)
Main 2	Cheddar Cheese Toastie with spicy potato wedges & zesty coleslaw (V) (M) (G) (SU)	Cheddar Cheese Panini with diced potatoes & summer corn salad (V) (G) (M) (SU)	Macaroni with mature cheddar cheese sauce, herby bread & seasonal veg (V) (G) (M)	Hot Dog Sausage in finger bun with wedges & crunchy salad (V) (G)	Margherita Pizza with seasoned wedges & crunchy coleslaw (V) (G) (M) (E)

DAILY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Starter served with bread selection (G) (S)	Golden Lentil & Vegetable Soup	Melon Slices	Vegetable Noodle Soup (G)	Spring Vegetable Soup	Crackers & Cheese (G) (M)
Filled Baked Potatoes Filled Sandwiches Baguettes Served with salad	Cheese (M) Tuna Mayonnaise (F) (E) Egg Mayonnaise (E)	Cheese (M) Tuna Mayonnaise (F) (E) Egg Mayonnaise (E)	Cheese (M) Tuna Mayonnaise (F) (E) Egg Mayonnaise (E)	Cheese (M) Tuna Mayonnaise (F) (E) Egg Mayonnaise (E)	Cheese (M) Tuna Mayonnaise (F) (E) Egg Mayonnaise (E)
Dessert included with all meal choices	Fresh Fruit Platter	Ice Cream (V)	Fresh Fruit Platter	Chocolate Brownie & Fresh Fruit (G) (E)	Fresh Fruit Platter

ALL MEALS INCLUDE EACH OF THE FOLLOWING OPTIONS:

- STARTER AND DESSERT
- DRINK OPTION INCLUDING: PLAIN MILK OR WATER
- CRUDITIES PORTION: SLICED PEPPERS, BABY CORN, CUCUMBER, 1/2 CHERRY TOMATOES

HALAL ALTERNATIVES ARE AVAILABLE FOR ALL HOT MEAL CHOICES ON RECEIPT OF A CULTURAL DIET MEAL REQUEST FORM.

ALLERGIES: GLUTEN (G) CELERY (C) CRUSTACEANS (CR) EGG (E) FISH (F) LUPIN (L) MILK (M) MOLLUSCS (MO) MUSTARD (MU) NUTS (N) PEANUTS (PN) SESAME (SE) SOYA (S) SULPHITES (SU)

PRODUCTS: CHICKEN (CH) PORK (P) BEEF (B) VEGETARIAN (V) FISH (F) HAM (P) TURKEY (T). MAY CONTAINS ARE NOT INCLUDED. IF YOU REQUIRE FURTHER ALLERGY INFORMATION, PLEASE SPEAK TO A MEMBER OF THE CATERING STAFF.

PLEASE NOTE: AFTER ANY HOLIDAY THE 1ST DAY BACK WILL ALWAYS BE THE MONDAY MENU AND THEN THE NORMAL DAYS WILL FOLLOW. ITEM IN BOLD DENOTES THE PRE ORDER NAME FOR MEAL AND ACCOMPANING ITEMS.