



Fairer Delivery Plan

Delivering the outcomes of the East Renfrewshire
Community Plan

- Residents' mental health and well-being is improved
- Residents are safe and socially connected within their communities

East Renfrewshire
COMMUNITIES
 **TOGETHER**
Stronger & fairer communities

About this document

This Delivery Plan is a short, focused document, setting out how partners will work together to improve mental wellbeing and reduce social isolation.

Pages 4 and 5 contains some information about why this outcome is important to our partners and communities.

Pages 6 and 7 set out an “outcome diagram” which shows the “critical activities” partners will carry out.

Page 8 shows the data that will be gathered and reported on to monitor progress.



Why this outcome is important to our partners and communities

The East Renfrewshire Community Planning Partnership is committed to promoting positive mental health and wellbeing through an early intervention approach and tackling loneliness and isolation in our communities. Both outcomes are closely interlinked and many partnership activities will contribute to both outcomes, therefore the approach to delivering these outcomes is brought together in this single delivery plan. A delivery group of key partners from the Health and Social Care Partnership (HSCP), a wide range of Council departments (including the Communities Team, Community Safety and Housing), voluntary sector services and the Culture and Leisure Trust has come together to deliver on this outcome. This will ensure maximum impact and effectiveness of services and resources.

The priority outcomes are based on the views gathered in extensive community engagement with residents and communities in 2017. Community views and concerns emerged about mental health and wellbeing as well as evidence of an increasing number of people consulting GPs around mental health and wellbeing issues including low level anxiety and depression. This delivery plan is focused on an early intervention approach to promoting wellbeing, through self-help and community support. This is separate to the strategic approach in place to support people with specific mental health conditions through appropriate medical care and support services, which is a high priority in the HSCP Strategic Plan. Specific mental wellbeing supports for young people are a priority within the Integrated Children's Services Plan.

Our engagement identified loneliness and isolation as an issue for many within our communities and led to identifying social isolation as a priority area. Demographic changes projected in our population also emphasised the need to prepare for increased numbers of older people and increased numbers of single person households. During our engagement, residents also repeatedly highlighted the benefits and importance of a strong sense of community, social connections together with feeling safe.

These issues are high on the agenda at national level with a national mental health strategy in place and the Scottish Government's 'A Connected Scotland' plan which highlights the role of connected communities in tackling social isolation and loneliness. East Renfrewshire's outcome delivery approach will contribute to national efforts around mental health and social isolation.



HOW CAN WE HELP YOU?

Talking Points are places in your community where you can come along and get information, support and advice about adult health, wellbeing and local community activities going on where you live.

If you would like to find out more information or find your closest Talking Points email talkingpoints@eastrenfrewshire.gov.uk or phone 0141 800 7850.

Talking Points East Renfrewshire

The work to develop this delivery plan acknowledges a range of good work already underway by partners. New engagement approaches will provide opportunities for people to get more involved in their community and reduce isolation – including Voluntary Action East Renfrewshire's Market Places and the HSCP's Talking Points.

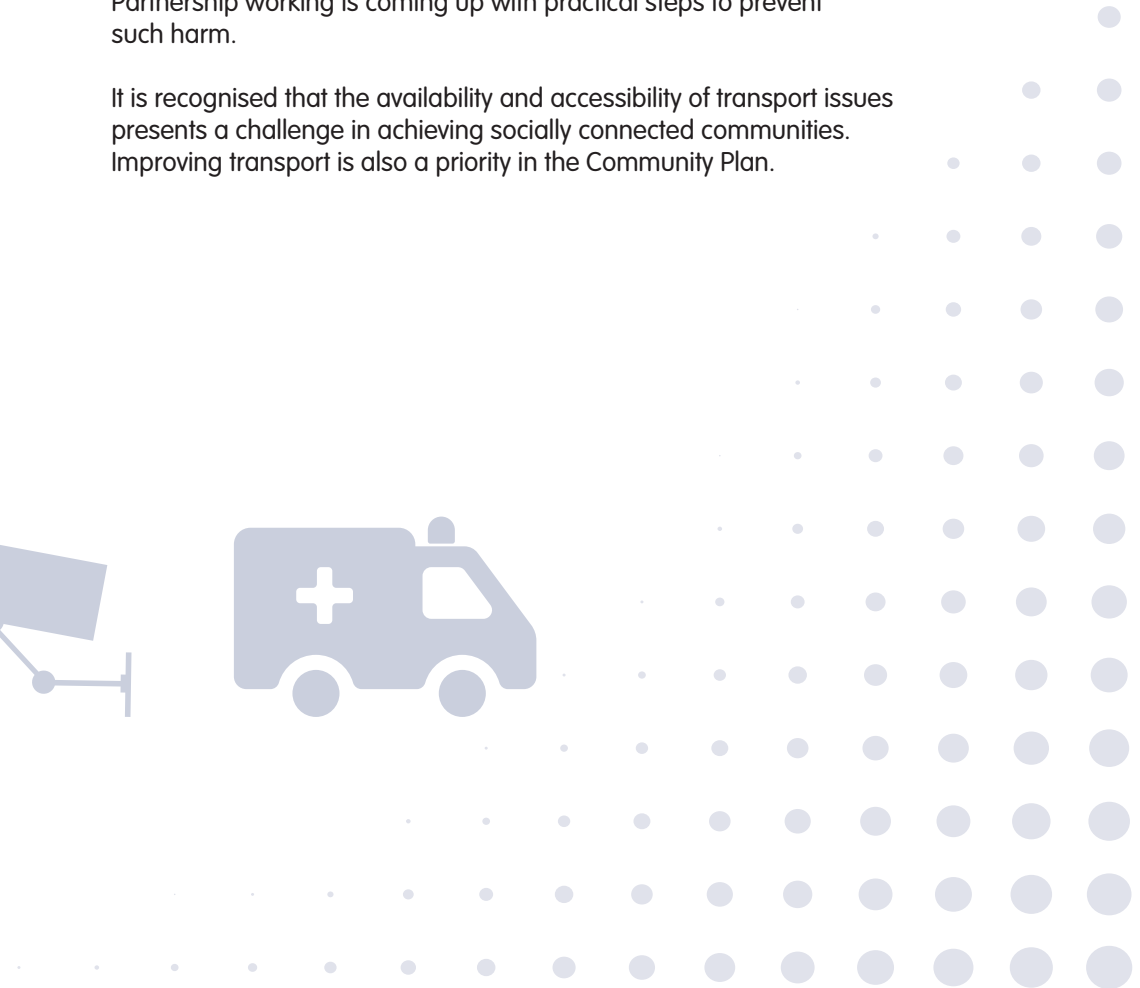
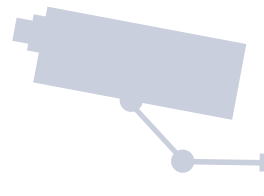
...continued

Through Talking Points people can talk to different health and care staff and community volunteers about what matters to them and identify support within their own communities. Early mental health and wellbeing support is being provided in primary care through GP Practice based link workers. The roll out of 10 local Talking Point venues in partnership with the Third Sector and the Libraries Service will be the main way that we ensure critical activities relating to mental well being and social isolation are influenced by service user and resident views.

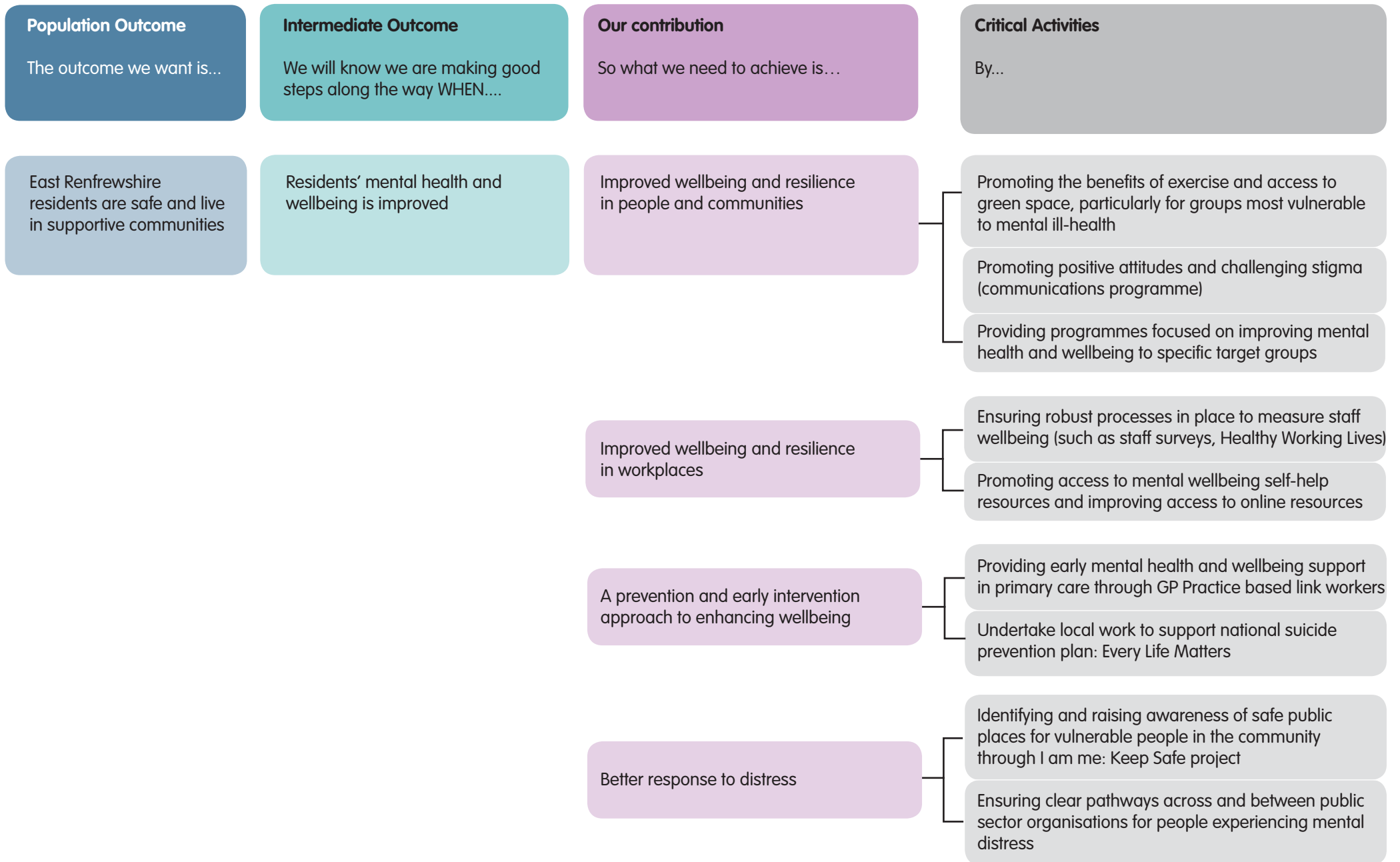
At Talking Points, residents will be offered the opportunity to have a good conversation about what matters to them, whether this be about living a healthier lifestyle, having meaningful activities to do, or living independently in their own home. The Talking Points team supports people to identify their own personal outcomes, develop their own plan to achieve these, taking into consideration all their personal resources and complimenting these with supports offered by local groups and organisations, including the HSCP.

Work in Fire and Rescue, Police Scotland and Trading Standards and Prevention Services has highlighted the links between social isolation and safety. Through fire home safety visits the Fire and Rescue service can identify those who are isolated and, through improved links with partners, refer people on for support. Joint activity around door step crime and scam telephone calls by Trading Standards/Prevention Services and Police Scotland indicates the growth in this type of crime where vulnerable and isolated people are sought out as victims. Partnership working is coming up with practical steps to prevent such harm.

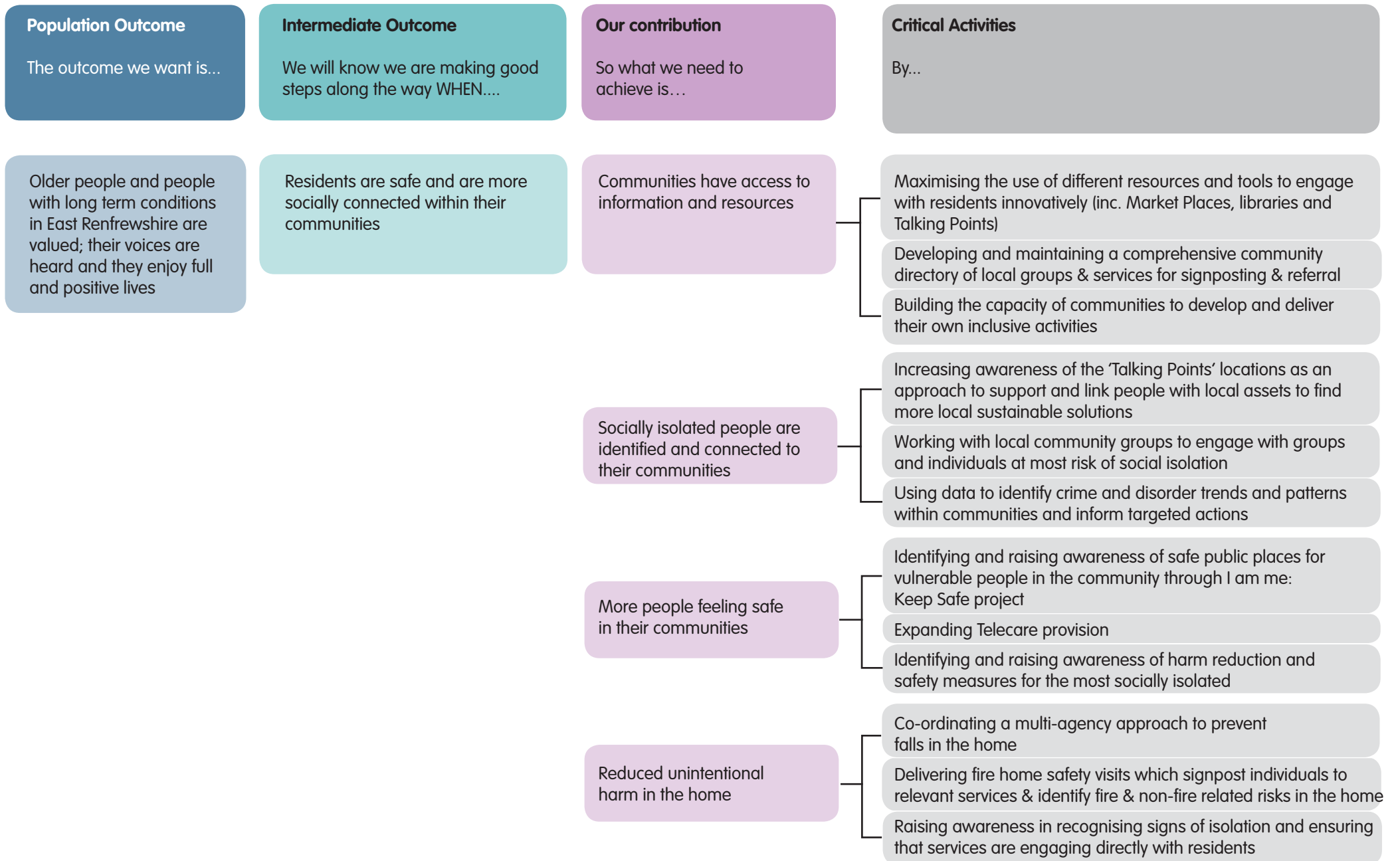
It is recognised that the availability and accessibility of transport issues presents a challenge in achieving socially connected communities. Improving transport is also a priority in the Community Plan.



4.1 Residents' mental health and wellbeing is improved



5.1 Residents are safe and more socially connected within their communities



Critical indicators

	Indicator	2016-17 Value	2017-18 Value	2018-19 Value	2019-20 Target	2020-21 Target	2021-22 Target
1	% of adults with a strong sense of belonging to their community	62%	66%	63%	64%	65%	65%
2	% of adults who have someone they can rely on for help	72%	68%	70%	70%	72%	72%

Reporting on our progress

The Performance and Accountability Review (PAR) is a group of senior representatives from partner organisations. It has responsibility for overseeing our progress towards a Fairer East Ren and we will report on progress twice per year and publish updates on our webpages at eastrenfrewshire.gov.uk/communityplanning

As we continue to deliver a Fairer East Ren we will create opportunities for working together with local people to ensure the plans meet their needs.



Notes

If you are part of a community group and are delivering, or would like to deliver activities that contribute to this outcome, we would like to hear from you. You can use this space to make any notes and develop ideas. Our contact details are on the back page.



Notes





Contact for further information

Partnerships Team
Corporate and Community Services
Council Headquarters
Eastwood Park
Rouken Glen Road
Giffnock, G46 6UG

listening@eastrenfrewshire.gov.uk